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## **Inside This Issue** How to Find Your Inner Courage This Year How to Get Your Child to Wear a Helmet Testimonial Small Business Spotlight **Employee Spotlight** 3 Birthday Cake Baked Oatmeal for One (Yes, Really) These Old-School Hobbies Are Making a **Huge Comeback**

## Out With the New, In With the Old!

### **4 OLD-SCHOOL HOBBIES MAKING A MAJOR COMEBACK**

January is National Hobby Month — and for good reason! As people set goals for 2021, they're also thinking about trying new hobbies. But with so many out there, picking just one can be a hobby in itself. Thanks in part to COVID-19, many people have rediscovered oldschool hobbies. Some of these have been around for decades or even longer, and others have established communities that can rely on one another for support, sharing information, and more. Here are four great examples.

#### Making Bread

Over the last year, interest in this ancient hobby has skyrocketed. Homemade bread is tastier and more nutritious than store-bought, and it's so satisfying to watch it come together. Not to mention it's a great skill to have! With so many types of bread to try, you're not going to run out of ideas any time soon.

#### **Collecting Cards**

No matter what people were into during the '70s, '80s, and '90s, there was a trading card game for it. And even going into 2021, that tradition has been kept alive. When many people were stuck at home last year, they rediscovered their card collections and remembered how much fun they were. As a result, card sales went through the roof, and online card communities lit up with activity from all over the world.

#### **Restoring Cars**

Car restoration is a hobby that lets you get your hands dirty, and it's one that you can do with your kids or grandkids. It can be not only educational for them but also fun! Together, you can track down parts, talk to folks who are also interested in restoration, and learn about the history of your car. Though car restoration can be a bit costly and time consuming, it's certainly a journey worth taking.

#### **Embroidering**

Embroidery has taken off because it's both inexpensive and fairly easy to get into. Plus, many people have fallen in love with its meditative quality. One of the great things about embroidery is that you can use it to make amazing personalized gifts, like pillows, wall hangings, and kitchen towels!



Two Concentrations, One Focus:

## **Fighting for Your Future**

**JANUARY 2021** 

A Statewide Law Firm 888-889-8899

Many of our clients never

## We Are Lions — Hear Us Roar!

#### HOW TO BE A COURAGEOUS LEADER IN 2021

Why is the lion the king of the jungle?

They aren't the biggest animal on the savannah. They aren't the tallest. They aren't the fastest or the smartest. So what gives them the edge? Why do lions get to wear the crown?

The answer is simple: They have courage. A lion isn't afraid to take on any situation or competitor. They routinely fight animals that are bigger, taller, faster, and smarter than they are, and they come out on top. It's the same scenario with a shark in the water. Sharks definitely aren't the biggest fish in the ocean — far from it! They aren't the smartest or fastest, either. But they don't back down from a fight. They have courage.

Why is this important? Well, as we go into the new year, we have to ask ourselves who we want to be. Do we want to start 2021 as lions or antelope? Sharks or fish? Personally, I choose every day to be a shark.

I have two signs hanging in my office that I see right away when I come in. One says, "Do sharks complain about Mondays? No, they're up early biting stuff, chasing s\*\*\*, being scary, and reminding everyone they're a f\*\*\*\*\* shark," (full credit goes to Casey for getting me something so awesome!), and the other reads, "A surefire path to success is to take massive action every day." Ambition helps you set goals, but commitment is needed to reach the big goals.

Those are words to live by. Simple, but true. No matter where you are in your life, you always have the opportunity to become a lion. Achieving your goals comes down to your commitment. If you have a lion's heart full of courageous leadership, it doesn't matter if you're up against something bigger, faster, or smarter than you are. The lion is committed to the mission. You can still bag the antelope and save the day.

I believe we all have a lion inside of us. For some people, it's buried deeper than others, but it always has the potential to roar. Just look at the people we call heroes. Heroes aren't born: they're made! Your average person doesn't become a hero until they're called to be one. They're just an ordinary person put in an extraordinary situation, and they become a hero when they take action. They become a lion when they let the roar out!

In 2021, we need to seek situations that will allow us to rise — not in the hopes of becoming heroes, but with the goal of bringing the lions inside of us to the forefront. We may not be able to control this pandemic or the political climate, but we CAN control our thoughts and our actions. We can commit to thinking big, taking big risks, and working for something bigger and better.

Try this: Identify a task you've always wanted to do and make a plan to achieve it by taking small steps every day. Your

"If you have a lion's heart full of courageous leadership, it doesn't matter if you're up against something bigger, faster, or smarter than you are. You can still bag the antelope and save the day."

goal should fit three criteria: It should be something you'll stick with, something you'll be proud to accomplish, and something that will make a positive impact on society. Once you've picked a target, bring your lion's commitment and take action!

As you're stalking your antelope, remember not to let other people distract you from your hunt. Ignore them. Don't compare yourself to the "bigger, faster, smarter" animals on social media or in your real life or let anyone else's words get you down. They can't tame your lion. If 2020 has taught me anything, it's that commitment is a game changer, so adapt and move forward. It's okay to falter and make mistakes - stay committed.

Let's make 2021 the year of commitment. You are a lion — let the world hear your roar!

-Carmen Dellutri

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## How to Get Your Child to Wear a Helmet

Helmets are the single best way to prevent injuries when bicycling, skateboarding, or rollerblading in and around Cape Coral. In fact, they can reduce the risk of head injury by 85% and brain injury by 88%. Moreover, the majority of fatal bicycle crashes involving children (75%) could have been prevented with bicycle helmets.

However, as parents, we know that getting your child to consistently wear a helmet can be challenging. This is particularly true if the child notices that their peers are not doing the same. Children may also be more resistant as they get older. Children ages 11–14 are the least likely to use a bicycle helmet (11%).

With this in mind, we would like to share the following tips for getting your child to wear a helmet every time:

- Make it a habit from the first time your child rides a tricycle, bike, or roller skates. Be sure they wear a helmet every time.
- Enforce the simple rule: No helmet, no wheels. Explain that riding on wheels can be fun but dangerous, too, and wearing a helmet can keep children from badly hurting their head.
- Let your child pick out the helmet so it is more likely to be worn.
- Wear one yourself. Remember, a child is more likely to wear a helmet when you do, too.



## **CC**Testimonial

Our Clients Say It Best

"The Dellutri Law Group is top-notch! They start the process with no judgment and with great understanding as to why you are seeking and needing their services. They truly work as a team from start to finish for their clients! The staff I had contact with treated my case as if I were a family member. I can't say enough about the professional and reassuring attitude in every contact related to my case. I must really speak very highly of Lauren and Attorney Lampley: very impressed!! I also must commend Mr. Dellutri! His name is on the door and he stands by his words. It shows in how he and his staff treat their clients!"

- F. (Avvo Review)



#### A Huge Thank-You to Our Referral Partners!

Last month we had:

- 27 referrals from friends, family, or previous clients
- 12 returning clients for a new matter
- 11 referrals from other attorneys
- 9 referrals from other professionals in town
- We sent out 63 referrals



## **Event Spotlight: Thank You!**

Even in such a trying year, we are personally thankful to our amazing community who came together once again this year to help us gather hundreds of gifts for Toys for Tots! Knowing we can touch that many lives in our own community by giving back with your help means the world to us!









# What's the Good News?

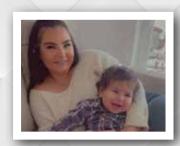
"If you openly declare that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved."

**Romans 10:9** 

# Employee Spotlight Meet Lidiana

When you meet Lidiana for the first time, you'll know just why we had to have her on our team. If you ask her, the feeling was mutual! "I already knew who The Dellutri Law Group was from just seeing them around for years. When I found out I was hired, I was on the phone with a family member. She was so excited for me because she knows the practice personally. That was a great feeling!"

Lidiana had no trouble adjusting to our office. After all, she's had plenty of experience. Prior to joining our team, she was the Head Administrative Assistant for a medical supply company.



She's used to answering phone calls, emails, and managing the backend of a business — all at the same time. And work isn't the only place she practices multitasking: Lidiana has a sweet baby boy named Makai with whom she spends all of her free time!

### Birthday Cake Baked Oatmeal for One (Yes, Really)

Inspired by ItsTaylerMarie.org

Did you know that January is National Oatmeal Month? If you tend to think of oatmeal as boring, this fun dessert-themed recipe just might change your mind. To go all out, top with a candle and a dollop of whipped cream.



#### **INGREDIENTS**

- 1/2 cup old-fashioned rolled oats
- 1 browning banana, mashed
- 1/2 cup milk
- 1/2 tsp cinnamon
- 1 tsp baking powder
- Splash of vanilla extract
- 1 tsp brown sugar, honey, or maple syrup
- 2 tsp sprinkles

#### DIRECTIONS

- 1. Preheat your oven to 350 F and prepare a small oven-safe dish.
- 2. In a small bowl, combine all of the ingredients except the sprinkles.
- 3. Pour the oatmeal mixture into the prepared baking dish.
- 4. Bake for 25 minutes or until the oatmeal is golden brown.
- 5. Let the oatmeal cool slightly, top with sprinkles, and dig in!

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